

Date:

Podcast Worksheet
Waiting: How to Wait When Nothing is Changing

Scriptural Text:

Psalm 33:18-22; 37:7-8; 46:10; 130:5; Isaiah 30:18; 40:11; 31

Main Points:

1. Waiting is involved when we are...
 -) seeking to allow God to be in control.
 -) seeking an answer or direction.
 -) in a difficult or painful situation.

Tips to Help us Wait:

-) Costly mistakes can be avoided by choosing to wait until we see God move.
 -) Avoiding doubt and false beliefs by staying in the Word and standing on Truth helps us wait.
 -) Moving closer to the Lord and leaning into him affords an opportunity to rely on him when we're waiting.
 -) Remembering God's promises helps us fight our fear: He is the ultimate authority; when we are weak, he is strong; his grace is sufficient for whatever we're going through.
 -) Choosing to rest in the Lord is critical to our ability to wait.
 -) Accepting that God's decisions are always perfect, even though we don't always like them, gives us peace and patience while we wait.
2. Remembering that God is for us, wanting us to have the best life possible, helps us wait.
3. Hope is found in the truth of God's Word, dwelling on his promises.
4. God promises that those who wait will be blessed.

Questions:

1. What circumstances are going on in your life that have you in a waiting pattern?

2. What choices have you made during this time of waiting? Have they helped you wait? Why or why not?

3. Read the above Scriptures. Write out one passage that gives you hope today.

Prayer of Response:

Lord God, I yield to you my fear, my desire to be in control, my doubts and false beliefs, and my urge to move ahead without you. I surrender my situation to you, trusting you are working on my behalf, and on behalf of those I love. Help me to rest in your true character and in your promises. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to _____
