

## LIFTING UP Leaders

## **Words for the Journey**

Podcast of the Week: Anxiety: What it is and What you Can Do About it

## 2024 Leader Letter Week 1

To All Small Group Leaders of the Healing Journey Class:

Welcome to the weekly Leadership Letter for small group leaders in the Healing Journey Class. This letter is just for you! I started this letter at the request of leaders expressing a desire to be **more connected** to the ministry that is behind your class and to **receive support** as a leader. I want you to know I have been praying for you all summer and will continue to do so throughout our upcoming year.

I know firsthand just how crazy and challenging the first weeks of Healing Journey can be. You're struggling to get the registrations in, struggling to get people to make a decision, struggling to get people to show up and actually start the class. And on top of that, you may be struggling with a bit of fear yourself! These first weeks are stressful, no matter whether you're a newbie or veteran.

Please remember that the Lord is for you. He birthed this ministry and this journey of healing is his—it's not mine and it's not yours. He needs us to do our part (show up and ask the questions while responding with acceptance and grace), but the battle is his.

What, then shall we say in response to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? (Romans 8:31-32 NIV)

So lean into God the Father and let him go before you and make your way smooth. Trust him to handle every detail and every person.

Thank you for being willing to offer the Healing Journey Class. Because of your willingness, more people will have the chance to receive healing this year!

...Relax and enjoy the journey.

## Tip of the week:

Help your new students feel comfortable and confident in the class by being organized and ready to lead each week. This means being very familiar with both the Leader's Guide and, if you are also the facilitator of the class, the Class Facilitator's Manual. Go over the lists, announcements, and forms needed and be very prepared. When you are reading the Statement of Understanding, stress the importance of confidentiality and communicate your desire that everyone would find this class to be a safe place. And remember to always get the money as soon as they say they want to take the class! Offering the 2-week, money-back guarantee works like a charm.

Blessings,

Cyncly Sherwood

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