

LIFTING UP Leaders

The Healing Weekend - Colorado February 20-22, 2025 <u>Download Flyer</u>

Words for the Journey

Podcast of the Week: Are you a Hot Mess? Get Healing

Journey App

This week's blog: Is Judgment Good or Bad?

2024 Leader Letter Week 10

To Healing Journey Leaders:

When the Lord brings each of us to leadership in Healing Journey (HJ), we have already been on the journey with him for some time. He has already done a healing work in our lives and redeemed us from much pain and woundedness. And he has likely done that in a great variety of ways. Our Lord is a very creative God!

This was certainly true for me, too. There are many healing tools out there; some are great compliments to HJ, and some are not grounded in truth, and possibly dangerous. For that reason, I ask leaders to not bring other methods of healing into your Healing Journey groups. Please help us protect the integrity of HJ by keeping it pure and simply the way God created it. That's not to say there aren't other very valid tools out there—there are! I've used some of them. But rather than try and create an "approved" and "not approved" list of outside tools, it's just easier to say, "Let's not add anything else."

I don't have a problem with referring your group members to other types of aids to healing. In fact, many students would be greatly served by pursuing other godly, healing tools while they're taking HJ. Just don't bring these other tools into the class. Also, many students will do better if they are working with a Christian counselor, particularly if the class is disrupting them to the point of interfering with daily life.

There is PLENTY to do already in HJ! If you will simply follow the curriculum as outlined in the materials I have provided, you will have the great joy of seeing lives changed before your eyes and have a very fruitful year.

"It is Jesus' name and the faith that comes through him that has given this complete healing to him, as you can all see" (Acts 3:16b NIV).

On the same subject as above, please refrain from giving advice on therapeutic issues or diagnoses, or on prescription drugs. Rather, always refer them to a trained professional. Never use your group to sell business products or promote a business. Also, never make any issue of church affiliations or doctrinal differences. These are all danger zones that can threaten the integrity of your class and this ministry.

I greatly appreciate your partnership with the Lord and His Healing Light Ministries as we all seek to be conduits of God's grace in men and women's lives.

...Relax in the Lord and enjoy the journey!

Tip of the week:

Please be in great prayer as you go into **Week 10, A Perspective on Freewill.** Not only is this a foundational lesson and essential in the healing process, but it is the week we invite participants to accept Christ as their Savior. Nothing is more important than a saving relationship with Jesus Christ. Participants can't even BEGIN to receive healing in their life if they don't know the Healer! Be prepared for this invitation that comes at the end of the lesson and be ready to respond to anyone who raises their hand.

Blessings,

Cyndy Sterwood

His Healing Light Ministries' Director

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