



## HIS HEALING LIGHT

MINISTRIES

Hey Leaders! I have recorded my teaching called, “Deep Level Healing,” and am making it available to leaders. The purpose of this teaching is to educate leaders on reasons why students may need additional support services in order to get complete healing. While Healing Journey is a great asset, building truthful foundations that help students get healing, sometimes they need more. And this might include individual counseling, medication, or treatment centers. But it also might include intercessory prayer work to identify, loosen, and remove spiritual strongholds. Bryan and I both needed this to complete our healing. There are many differing thoughts and techniques in this arena. I have humbly and simply shared from my best training and experience. I hope you find it helpful.

Video Link: [Deep Level Healing](#)

Outline Attached

## **“Deep Level Healing” Unlocking the Human Potential**

1. Introduction
  - ) Prayer
  - ) For those of us interested in Christ’s healing, who place value in being healed and helping others find healing, it is important we have a basic understanding of all levels of healing, including “Deep Level Healing.”
2. Goals and Expectations
  - ) **To understand** what the deeper levels of healing are. To be able **to recognize** when deeper healing is needed. To know **what is involved** to attain healing and freedom, including spiritual warfare. **To know what to do** if a student needs deeper healing.
  - ) We are not learning how to do “Deep Level Healing” (DLH).
3. Why is this subject important?
  - ) The Healing Journey offers some DLH.
  - ) Some healing issues require more time and different techniques.
  - ) If DLH is needed, but not received, students will go backward and problems will resurface.
  - ) The goal of healing for everyone is complete healing.

### **TO UNDERSTAND**

4. Understanding “Deep Level Healing”:
  - ) Definition: *Deep Level Healing is the process of healing anything inside a person that is keeping them from loving God, loving others, and loving themselves. DLH includes healing the mind, the emotions, the spirit, the identity, painful memories, and the relationship with God. It is the prayer process led by the Holy Spirit that heals feelings of betrayal, resentment, abandonment, rejection, guilt, shame, fear, condemnation, and grief.*
  - ) Different names for DLH: Inner healing prayer, deliverance work, healing of memories, prayer work, Theophostic, Splankna
  - ) DLH can be done: Individually, in a group, with a prayer facilitator
  - ) Mandate: Prayer facilitators must be Christians who understand the biblical process of healing and the spiritual realm.
  - ) What is your perspective on healing? In your opinion, what is the mechanism of healing? What do you believe is the role Jesus plays in healing?
  - ) DLH benefits issues that are: 1) hidden, 2) harder to face on our own, 3) need to be addressed privately, 4) take more time, 5) demonic in nature, 6) current, past, beginning of life, or pre-generational
  - ) Goal: To free people at the deepest level necessary so their human potential can be unlocked. Only then can they live the life God has planned for them.

5. Biblical basis: The conflict

- ) God is Spirit and lives in the spiritual realm.
- ) The spiritual realm always existed; the world was created later.
- ) Satan's rebellion against God and fall from heaven created conflict and tension in the spiritual realm.
- ) Even though Satan is a defeated enemy and has only limited power, he is still active and has a fair amount of power.
- ) How Satan harasses us: lies and temptation, manipulation, accusations, compulsions, confusion, and fear.
- ) Satan rules the world.
- ) John 14:30 NIV: *"I will not speak with you much, for the prince of this world is coming. He has no hold on me..."*
- ) 1 John 5:19 NIV: *"We know that we are children of God, and that the whole world is under the control of the evil one."* (See also James 4:4)
- ) So conflict exists between the light of Christ seeking to penetrate into our dark places and heal us, while, at the same time, Satan is stirring up trouble, trying to destroy us.

6. The victory is ours

- ) Disproportionate allotment of power: God is greater in every way.
- ) 1 John 4:4 NIV: *"You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world."*
- ) Jesus is our healer.
- ) Luke 4:18-19 NIV: *"The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favor."*

7. New worldview

- ) If your worldview does not include belief, clarity, and truth about the spiritual realm, including the demonic, do some further study, including reading in the Gospels.
- ) If you do not have a basic understanding of the spiritual realm, you will be blind to the healing needs, and blind to the answer.

8. Demons and attachments:

- ) Fallen angelic beings
- ) Like rats, demons attach to garbage in our life and bring interference.
- ) Garbage preferences: Sin, unforgiveness, anger, abuse, tragedy, any hard emotion
- ) They can attach to any sin, painful event, or negative emotion.
- ) Open doors: Ritual involvement of any kind, occult activities, Ouija boards, tarot cards, freemasonry, lies and cursing
- ) Generational influences: addictions, illnesses, sins, curses

- ) Soul-ties: anyone we've had sex with outside of marriage, or bonded with emotionally/spiritually in a sinful way
  - ) Non-Christian churches or religions
- 9. Healing Journey Class
  - ) Satan hates this ministry and he hates healing.
  - ) Healing is a battle in the class, even at the level where we work, even more so in DLH.
  - ) Leaving demonic oppression in place is like leaving a bullet in a wound—it won't fully heal unless the bullet is removed.
  - ) Everything we do in the HJC creates a more uncomfortable environment for the demonic.
  - ) Healing is a transaction with Jesus; it happens in the midst of prayer, or communication with him.
  - ) The four Healing Steps take care of many healing issues, nevertheless, deeper prayer may be needed.
  - ) Deliverance prayer is not included in the Healing Journey because it isn't appropriate for just anyone to try and lead deliverance prayer.
- 10. Deeper levels of healing in the HJ:
  - ) HS#1: Turning control over to God, getting him onboard
  - ) HS#2: Spiritual healing with God (Goals of this step are #1: be united, not separated from God, #2: for the Holy Spirit to be able to work freely, without constriction)
  - ) HS#3: Emotional healing with others (Goals are to #1: ability to have healthy relationships, #2: to be free to serve other people)
  - ) HS#4: Emotional healing with self (Goal #1: to release our offenders to God, so we are set free from painful wounds, and Goal #2: to forgive self, to accept self, to love self as God loves him/her)

### **HOW DO I RECOGNIZE THE PROBLEM?**

- 11. How spiritual, mental, and emotional wounds present:
  - ) Emotional blockage: painful feelings of betrayal, guilt, abandonment, shame, disappointment, rejection, anger, fear, grief, depression
  - ) Mental blockage: Thought disorders, tormenting thoughts, destructive thinking
  - ) Relationship blockage: Broken relationships, neglect of relationships, reckless relationships, or being judgmental, manipulative, controlling. Anytime we are not free to either #1) share ourselves with other people, or #2) let other people share themselves with us, we have relationship blockage.
  - ) Physical illnesses: autoimmune disorders, gastrointestinal problems, heart issues, headaches, general fatigue and malaise, allergies, asthma, arthritis, back pain

- ) Spiritual blockage: Hatred toward God, can't/won't pray or read the Bible, can't understand the Bible, spiritual deadness, sinful behaviors, false beliefs about God, our self, or his relationship with us, lack of acceptance of ourself
- ) Demonic interference: nightmares, demonic visitation, feeling of darkness, self-destructive thoughts, violent urges, dark thoughts, inordinate fear, confusion, lust, addictions, thoughts of suicide/death
- ) For every action there is a reaction in the spiritual realm and in our physical bodies. Whether godly choices or ungodly choices, something happens to us in our brains, in our organs, in our immune systems, etc. And something happens in our mind and our spirit.

12. DLH may be needed...

- ) Whenever the basic healing steps are not bringing total freedom to someone.
- ) When someone is stuck and not making progress.
- ) When there are multiple issues going on, as mentioned above.
- ) When someone is completely bound up in class, can't budge in any direction.

**WHAT IS INVOLVED?**

13. Healing of memories

- ) Everything that has ever happened to us has been imprinted in our brain, body, and emotions.
- ) For survival, our mind can subconsciously block us from feeling the emotions or remembering the event.
- ) Our mind guards our heart, which is normally a good thing. But it also blocks us from facing painful things—not a good thing.
- ) Our minds are also steeped in denial and self-deceit.
- ) We have to face the truth because the truth will set us free.
- ) Satan encourages us to fear going back to our painful places.
- ) Holy Spirit can bring anything back to our consciousness, we, however, can't remember everything on our own.
- ) Jesus was there at the time. He joins us when we return there for healing.
- ) The Process is simple: #1) Identify the past unresolved issues, #2) Invite Jesus to come into the memory and bring his truth, power, light, love, and healing, #3) Listen to and obey anything Jesus says to do.
- ) The Goal: Release from mental torment, sin, painful emotions, and false beliefs.

14. Deliverance Work

- ) Deliverance is a form a prayer work.
- ) Something has to give the demon a right, or permission, to harass or oppress us. They attach to something, they don't attach to thin air.
- ) Demons are never the basic problem, sin and painful events are. Get rid of the garbage, get rid of the rats.

- ) Demonic influence is always weakened in the healing process because we are taking away the things they are attached to: Sin, wounds, false beliefs, negative emotions, victim behaviors, etc.
- ) Person being prayed for needs to be willing, their will has to be engaged.
- ) Three steps to healing from the demonic: #1) Identify where the demonic influence is located, #2) heal the wounds/sin, #3) and then pray to get rid of it, kick the demons out.
- ) Goal: Spiritual release from demonic influence and/or strongholds
- ) All sin has to be confessed.
- ) All wounds have to be forgiven.
- ) Any agreements that have been made with the enemy have to be renounced and broken.

### **KNOW WHAT TO DO**

#### 15. Things you can do as a leader

- ) Remember that everything we do in the Healing Journey class weakens the influence of the enemy: (replacing lies with truth, understanding our true identities, healing for our sin, emotions, wounds)
- ) Do spiritual warfare prayer on behalf of your group by praying for God's intervention, battling on their behalf, and praying silently right in group when you see mental, emotional, or spiritual darkness.
- ) Be careful about talking about this stuff openly to your group. Many students are not in a place to receive this at any level.
- ) Continually pray for protection for yourself, your students, and your group process.
- ) Refer when needed
- ) Build a referral list
- ) Do your own prayer sessions (Class Facilitator's Manual pgs. 42-45)

#### 16. Things you can do to take care of yourself as a leader

- ) Live as Christ asks you to live: Spend time with God in prayer and the Bible most day, tithe, attend church every week.
- ) Don't take your student's issues home with you. Leave them with the Lord.
- ) Stay out of Satan's territory, yourself.
- ) Continue your healing process. Deal with your junk.

#### 17. How to avoid demonic harassment

- ) Your brain/mind has to stay in the truth so Satan can't infiltrate with his lies. Be with Jesus every day, read the Bible.
- ) Clearly know your identity in Christ.
- ) Anytime you recognize you have inappropriate anger, inappropriate fear, unreasonable responses, you have garbage and need to deal with it.

- ) Stay out of sin. When you fall, confess your sin and accept God's mercy.
- ) Forgive every offense and release your offenders to God.
- ) Don't doubt God, his Word, or his choices. Defeat pride.
- ) When garbage builds up, deal with it, and get help when needed.

### **Suggested Reading**

Neil Anderson: The Beginner's Guide to Spiritual Warfare, The Bondage Breaker, Victory over the Darkness

James Friesen: Uncovering the Mystery of MPD

Charles Kraft: Christianity with Power, Deep Wounds, Deep Healing, Defeating Dark Angels

Agnes Sandford: The Healing Light

David Seamands: Healing for Damaged Emotions

Steve Sjogren: Servant Warfare: How Kindness Conquers Spiritual Darkness

Thomas B. White: The Believer's Guide to Spiritual Warfare

John Wimber: Power Healing