



Fall 2024 - Virtual - Resting in Jesus

Monday nights for 9 weeks starting on September 16, 23, 30; October 7, 15, 21, 18; November 4, 11
Time: Pacific 4pm, Mountain 5pm, Central 6pm, East 7pm

Resting in Jesus, study purpose is to “Draw closer to Jesus”. The study is designed to help participants create a greater place in their hearts for Jesus. It focuses on learning how to move into a more trusting relationship with Jesus and surrender more of their lives to him. A description of each lesson can be found:

https://www.hishealinglight.org/images/Resting/RIJClass_Curr_Outline.pdf

Format: via zoom, you will need a quiet room and/or headphones for your location

Materials: Student Bundle: <https://www.hishealinglight.org/store/resting-in-jesus-products> \$35 + shipping
There are no additional fees, however a commit of time and participate to the other students is sought.

Each week: I will open up the zoom link *15 minutes early for chatting*. Video starts promptly after opening remarks and lasts about 46-48 minutes each, a 5ish-minute break, and followed by the discussion small group time. Class online time is approximately 2 hours. Daily Worship Guides take about 30 minutes, 5 days per week.

About the Leader: I am Robin Rock and I was able to complete two years of Healing Journey in person. After my first Healing Journey year I took an in person Resting in Jesus class. After the second year I did the Boot Camp in Colorado Springs and then Running with Horses on my own. Last year I did my third year of Healing Journey and did an apprenticeship with an online virtual leader. I step into leading my first Resting in Jesus Virtual class this past summer. I am only part time at a physical location. Some of the year we are on the road traveling in our RV to different churches in the RV Volunteer Ministry.

Before signing up for this class, I ask that you **pray and seek the Lord** on His best plan for you.
Once your decision has been confirmed by prayer – Followed these next steps:

- Email me first** to make sure there is still room in the class. Thanks!
- Complete Registration Form will be sent directly to you by me after we converse.
- Order the Student Bundle Materials as soon as possible to receive on time.
- Make a plan for a quiet private space where you can speak freely and hear clearly
- Have a plan for a good internet connection on your computer
- Know/learn the basics of zoom: how to join, how to mute/unmute audio & how to start video visual
- Our class will be using The Journey App for outside of class group announcements, connect, encouragement, share your personal growth insights and go deeper. This link is the steps to create an account and set up your profile: <https://hhlm.circle.so/c/written-instructions/> Later I will invite you to our very own private go deeper chat “circle”.
- Think about your answers for the following questions to share.
 - ① What hats as a woman do I wear? #Daughter #Mother #Wife #Boss #Employee #Retired #Volunteer
 - ② Favorite Color: _____ ③ Name 2 hobbies: _____ & _____ ④ word that describes you: _____

If you have any questions, email Robin.HHLM@gmail.com.
We look forward to seeing online!

May the unending love of God be with you,

Robin Rock