

Winter 2025 – Virtual – Running with Horses for Women

Mondays starting on January 13, 2024 **Time**: Pacific 4pm, Mountain 5pm, Central 6pm, East 7pm January 13, 20, 27 February 3, 10, 17, 24 March 10, 17, 31 April 7, 14, 21

<u>Running with Horses</u> is the place for anyone who is ready to saddle up and live the greatest adventure of all. Students who are SOLID in their faith and desire to go deeper with God will delve into some of the most challenging aspects of our Christian Walk. The study of the sacrificial life deals with subject such as humility, unity with God and servitude. It is geared toward those who have received healing and do not have a lot of unresolved painful events. A description of each lesson can be found: https://www.hishealinglight.org/images/Running/RWH_Syllabus.pdf

Format: via zoom, you will need a quiet room and/or headphones for your location. <u>This class in not recommended to take with a friend or with a relative due to the in-depth nature of the discussions.</u>

Materials: Student kit: https://www.hishealinglight.org/store/product/running-with-horses-students-kit \$30 +shipping There are no additional fees but I do ask for a sincere commitment to participate.

Each week: I will open up the zoom link 15 minutes early for chatting. Video starts promptly after opening remarks and lasts about 45-50 minutes each, a 5ish-minute break, and followed by the discussion small group time. Class online time is approximately 2 ½ hours. Homework & 2 projects can take 2 hours or more.

About the Leader: I am Robin Rock and I was able to complete two years of Healing Journey in person. After my first Healing Journey year I took an in person Resting in Jesus class. After the second year I did the Boot Camp in Colorado Springs and then Running with Horses on my own. Last year I did my third year of Healing Journey and did an apprenticeship with an online virtual leader. I step into leading my first Resting in Jesus Virtual class this past summer. I am only part time at a physical location. Some of the year we are on the road traveling in our RV to different churches in the RV Volunteer Ministry.

Before signing up for this class, I ask that you pray and seek the Lord on His best plan for you.

Once your decision has been confirmed by prayer – Followed these next steps:

□ Email me first to make sure there is still room in the class and discuss readiness. Thanks!
□ Complete the Registration Form -- it will be sent directly to you by me after we converse.
□ Order the Student Bundle Materials as soon as possible to receive on time.
□ Make a plan for a quiet private space where you can speak freely and hear clearly
□ Have a plan for a good internet connection on your computer
□ Know/learn the basics of zoom: how to join, how to mute/unmute audio & how to start video visual
□ Our class will be using The Journey App for outside of class group announcements, connect, encouragement, share your personal growth insights and go deeper. This link is the steps to create an account and set up your profile: https://hhlm.circle.so/c/written-instructions/ Later I will invite you to our very own private go deeper chat.
□ Think about your answers for the following questions to share.
● What hats as a woman do I wear? #Daughter #Mother #Wife #Boss #Employee #Retired #Volenteer #?

If you have any questions, email Robin.HHLM@gmail.com. We look forward to seeing online!

Pavorite Color: Name 2 hobbies:

May the unending love of God be with you,

& • word that describes you:

Robin Rock